



# Wegmans

*Tips for caregivers to help kids learn through play!*

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## Talk

- Work together to name and count the fruits and vegetables.
- Using the play food, talk about ways to sort and classify:
  - Try: size, color, type, like/dislike...
- Helpful Words:
  - Cashier: person who checks you out and takes your payment
  - Stock Person: person who replaces items or refills the shelves
  - Manager: person in charge of the store
  - Shopper/Customer: person who is shopping at or buying the goods in the store

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## Play Together

- Take turns being the cashier, customer, or stock person.
  - Count your items as you fill your cart, or scan, or restock

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## Explore

- Visit your local grocery store and let your child be in-charge of the grocery list. Let them lead you to find the listed items.
- Have your child help plan a meal using the basic food groups. Talk about it, draw it, or try making it!

## *Ideas to Learn Together Throughout the Children's Museum*

- Let your child lead the way
- Ask open-ended questions that require more than a "yes or no" answer
- Let your child do the work
- Encourage safe risk-taking

# WEGMANS

**Register Two Is Now Open!**  
Our mini-Wegmans introduces young learners to important life skills like healthy eating, counting, and sorting!

**Children's  
Museum**  
OF RICHMOND

